

Saint Paul the Apostle

“If we live by the Spirit, let us also walk by the Spirit”
Galations 5:25

Pray for evangelisation

Eileen O'Connor
(Australia)

“In the place where you live, act with love. Let your only instrument be love. By love, turn everything into good.” (message of Mary in Medjugorje)

Pray for the housebound, the bed-ridden and their carers

Saint Patrick

“Go, and teach all peoples; baptize them in the name of the Father, and of the Son, and of the Holy Spirit”

Pray for missionaries

Caroline Chisholm
(Australia)

“I was enabled to make an offering of my talents to the God who gave them. I promised to serve all justly and impartially and wholly devote myself to the work I had in hand”

Pray for the unemployed

Saint Padre Pio

“a poor monk who prays”
“people come here to receive a word from the Lord. If I don't pray, what can I tell them?”

Pray that priests may be prayerful

John Joseph Therry
(Pioneer Priest of Australia)

“ For I am longing to see you either to strengthen you by sharing a spiritual gift with you, or what is better, to find encouragement among you from our common faith”
Romans 1:11-12

Pray for priests in rural and outback parishes

John Bede Polding
(1st Australian Bishop)

“With our small band we must try to cover the whole colony, meanwhile we will pray for more clergy. But most of all we must give our lives, if necessary, for the salvation of the many souls which cry out to us for salvation.”

Pray for Australia

Saint Vincent de Paul

“That is how the Church began. The Apostles were all poor men, who knew nothing, who went about barefoot, who wore no fine clothes. Yet for all that, what didn't they accomplish with the grace that Our Lord gave them! They converted the whole world.”

Pray for those who train men to be priests

Saint Francis Xavier

“I thought I might even go blind, not from any physical causes, but from the fact that I could not avoid weeping with happiness thinking how God was helping and comforting me when there was no human way in which help could reach me. I had to live on hope in God, an invincible trust which He inspired in me.”

Pray for the conversion of Asia

Saint Francis de Sales

“You must not only be devout, and love devotion, but you must make it amiable, useful and agreeable to everyone. Your family will love it if they find you more careful of their good, more gentle in little accidents that happen, more kind in correcting, and so on”

Pray for bishops

Saint Robert Bellarmine

“My advice is that there should be prayers offered for everyone...and especially for kings and others in authority, so that we may be able to live religious and reverent lives in peace and quiet.” 1 Tim 2:1-2

Pray for decision-makers and those in public office

Saint John Bosco

“Do you want to be my friend? You do? Then, you must help me save your soul.”

Pray for those in danger of going to hell

Saint Mary MacKillop

"We must expect to receive crosses; we know that we give them. What poor, faulty nature finds hard to bear, the love of God and zeal in His service will make sweet and easy. Try always to be generous with God."

Pray for those who have heavy crosses to bear in life

Saint Anne

"We do not doubt that the more love we show to the mother of Mary, the more we merit the intercession and aid of the holy Virgin who brought forth the only-begotten Son of God, Our Lord Jesus Christ."

Pope Gregory XV

Pray for mothers to be holy

Saint Jane Frances de Chantal

'Love is strong as death! Love's martyrs suffer far greater pain while remaining alive and doing God's will than if they had many lives to give in testimony to their faith, their charity, and their fidelity.'

Pray for the widowed

Saint Thomas, Apostle

Jesus said to Thomas, 'Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe'.

Thomas replied. 'My Lord and my God.' John 20:27-28

Pray for souls struggling with doubts about Jesus

St Matthew, Apostle

As Jesus was walking he saw a man named Matthew sitting by the customs house, and he said to him, 'Follow me.' And he got up and followed him.

Matthew 9:9

Pray for all those that Jesus is calling, to be able to leave everything for His sake

St Catherine of Siena

"Eternal Trinity, you are a deep ocean, in which the more I seek, the more I find; and the more I find, the more I seek. You satisfy my soul, yet leave it hungry, for in your depths my satisfied soul desires you still more and yearns to see you, the Light, in your own light."

Pray that souls may hunger for God

Saint Claude de la Colombiere S.J.

"Fr Claude is my perfect friend and servant. His gift is to lead souls to God"

Jesus to St Margaret Mary

Pray for souls in need of good spiritual direction

St Alphonsus Ligouri

"O hidden Jesus, You remain night and day in your tabernacle-prison with undying love! Rouse my sluggish heart. Make it think of You, love You. Do this by the power of Your sufferings: they are my hope"

Pray that Jesus be loved in the Blessed Sacrament

Saint Rita

(Saint of the impossible)

"Take them, my God, rather than they offend You."

Pray for the conversion and reconciliation of family members

Saint Raphael Archangel

"Bless God, utter His praise before all the living for all the favours He has given you." Tobit 12:6

Pray for those on pilgrimage

The Guardian Angels

"He will put you in His angels' charge to guard you wherever you go."

Psalm 91:11

Pray for those in special need of help and protection

St Leopold Mandic

'If Crucified Jesus should reproach me for being over indulgent, I shall say to Him, but You set this poor example for me. I have not yet become as mad as You as to die for souls.'

Pray for souls preparing for Confession

St John the Evangelist

“Long ago and far away, an ordinary man called John laid his head on the breast of Jesus and listened to the heartbeats of the Lord. Who can venture to guess what that man felt as he heard the beat of that mighty heart?”

Catherine Doherty.

Pray that confidence in the love and mercy of God grows

The Holy Innocents

Theirs was a wordless profession of faith in Jesus. They died because they bore the likeness of the Christ-child, and are crowned with life eternal.

Pray for an end to abortion

Saint Thomas a Beckett

“There are a great many bishops in the Church, but would to God we were the zealous teachers and pastors that we promised to be at our consecration, and still make a profession of being”

Pray for Bishops

Saint John of the Cross

“Would that men might come at last to see that it is quite impossible to reach the thicket of the riches and wisdom of God except by first entering the thicket of much suffering, in such a way that the soul finds there its consolation and desire.”

Pray for souls struggling with suffering in their lives

St Stephen (first martyr)

‘I can see heaven thrown open and the Son of Man standing at God’s right hand.’

Acts 7:56

Pray for those who witness to the Gospel in every nation

St Joseph, foster father of Jesus

“The angel of the Lord appeared to Joseph in a dream and said: Joseph, son of David, do not be afraid to take Mary as your wife, because she has conceived what is in her by the Holy Spirit. She will give birth to a son, and you must name Him Jesus.”

Pray for the gift of blessed fatherhood for the world’s families

Saint Teresa of Avila

“Since the spiritual world is based entirely on humility, the closer one gets to God, the more this virtue should grow”

Pray for consecrated souls, they are the soul of the Church

St Alphonsus Ligouri

“Lord Jesus, light of our souls, you enlighten everyone who comes into the world. Enlighten my conscience and my heart by your Holy Spirit”

Pray for theologians and teachers

Saint Thomas Aquinas

“The Cross is my sure salvation
The Cross it is
that I honour evermore.
The Cross of Our Lord is with me. The Cross is my refuge.”

Pray for those gifted intellectually and for their teachers

Saint Maximilian Kolbe

“A man can have no greater love than to lay down his life for his friends. You are my friends if you do what I command you.”

John 15:13-14

Pray for evangelisation through the mass media

Saint Andrew

“St Andrew was the first convert among the apostles; he was especially in the Lord’s confidence; thrice is he described as introducing others to Him; lastly he is little known in history,... while to his brother Simon, he was the means of bringing to the knowledge of his Saviour.”

J.H.Newman

Pray for those who do the work of the Lord without recognition

St Frances Xavier Cabrini (USA)

‘We can do nothing of ourselves, for we are poor and miserable, but if we have faith and trust in Him who comforts us, then we can do all things.’

Pray for an increase in women religious

St Gabriel the Archangel

“Do not be afraid. Listen. I have been sent to bring you this good news. Nothing is impossible to God.”

Luke Chapter 1

Pray that the messages and messengers of God are believed.

St Anthony of Egypt

‘Let Christ be as the breath you breathe; in Him put your trust. Be earnest always to be in union first with the Lord and then with the saints; that after death they also may receive you as known friends.’

Pray that many will put the words of Jesus into practice

Saint Frances of Rome

“Anyone who dealt with her was captivated by her kindness and goodwill. She could quickly console the afflicted and ill, calm the restless and angry, reconcile enemies and dissolve long hatreds, and turn men from contemplated vengeance.”

Pray for peace-makers

Saint Cecilia

“Put off all that is old and stale: you know a new song! All our love yearns for that Kingdom; our new song sings of it. Sing the new song, and sing it with your lives, not your mouths.” St Augustine

Pray for musicians, that their music may lead souls to Jesus

St Elizabeth

‘Why should I be honoured with a visit from the mother of my Lord? Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled.’ Luke 1:43,45

Pray that all mothers would love Mary and have great faith in her son, Jesus

St Brigid of Ireland

“Do not wonder that I have bestowed upon the poor that which was in my possession. If it were in my power, I should give to them all possessed by my father and by you, O King. For the Almighty will confer eternal rewards on those who, for His sake, give temporal riches.’

Pray for those that Jesus is calling to greater generosity in following Him

Saint Pius X

“After the preparation for the holy priesthood, I know of nothing so important as the preparation for First Communion” “When I am dead, I shall still desire to have the First Communicants come to me. Bring them to my coffin and even from my grave I will bless them’

Pray for First Communicants and those who prepare them

St Philip Neri

“Let joy in the Lord be continuous until joy in the world is extinguished. The former is always growing, the latter ever decreasing and finally dying. Rejoice in the Lord then, and not in the world. Rejoice, for wherever you are and as long as you are on earth, the Lord is near, do not be anxious.”

Pray for those who have yet to find true joy in Jesus

Saint Rose of Lima

‘Listen, all you people! At Christ’s bidding and in his very words, I warn you: We cannot win grace if we do not suffer affliction; toil upon toil must be ours if we are to attain an intimate share in the divine nature, the glory of God’s children, and perfect happiness. If only men knew how beautiful, noble, and priceless a thing God’s grace is!’

Pray that souls find the true beauty of the Cross

Saints Cosmas & Damian

Jesus replied, ‘It is not the healthy who need the doctor, but the sick. Go and learn the meaning of the words: What I want is mercy, not sacrifice.’
Matt 8: 12-13

Pray for those who minister to sick bodies and to sick souls

Saint Francis de Sales

“In all your affairs rely wholly on Divine Providence, through which alone you must look for success. Labour quietly on your part to co-operate with its designs. Amidst those ordinary affairs and occupations that require most so earnest an attention, you should look more on God than on them.”

Pray for writers, journalists and editors of all kinds

St Augustine of Hippo

‘You have forgiven me my past sins and drawn a veil over them, and in this way You have given me happiness in yourself, changing my life by faith and Your sacrament. When others read of those past sins of mine their hearts are stirred so that they no longer lie listless crying ‘I cannot.’ Instead their hearts are roused by the love of Your mercy and the joy of Your grace.’

Pray for the conversion of sinners