

PRAYER FOR A GOOD CONFESSION

O Merciful God, I come before you to beg of You the grace to make a good confession. I wish to confess my sins and to obtain forgiveness for them through the merits of Your most Precious Blood. I believe that the priest takes Your place in the Sacrament of Penance. When he forgives me it is You who forgives. Please bless the priest who will be my confessor, and give him Your light. I need Your grace in order worthily to confess my sins. I beg of You to enlighten me and to help me to examine my conscience. Let me not be blind to my own sinfulness. I know that there are many things in my soul that are displeasing to You. Self-love blinds me and deceives me. O help me to know myself as I really am. Be merciful to me, good Jesus. I cry out to You like the blind man, 'Lord, that I may see.' Stretch forth Your hand and drive out the blindness from my soul, and help me to confess my faults. With the powerful assistance of Your grace may I cease to offend Your great goodness. Amen.

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